



FREQUENTLY ASKED QUESTIONS

What are The Detroit Lions Cheerleaders?

The Detroit Lions Cheerleaders:

- Technically trained dancers/spirit leaders who perform at Ford Field for all Detroit Lions Home Games and lead fans with enthusiasm to create an energetic and exciting game day atmosphere.
 - *Ongoing conditions of employment and job description updates will be provided.*
- Act as team ambassadors and role models to the community through excellent performance on-field and off-field appearances throughout Michigan at community and charity events.

Is there an age limit?

- This is no maximum age limit.
- Minimum age requirement is age 21 by July 1st, 2024.

Are there any physical requirements?

- Professional cheerleading is a physically demanding occupation. Candidates should be in excellent athletic shape to be able to endure through the physical demands of the game day performances. Candidates will also need to be flexible and highly coordinated to be able to master a variety of different dance styles and performance elements.
- There is no height or weight requirement, nor is there a maximum or minimum weight requirement.
- Physical exams demonstrating good health may be required to perform the essential job functions. A drug test for recreational drugs which, could interfere with your performance and/or endanger the safety of you or those around you, may be required.

What skills are required?

- Dance, and/or cheer and gymnastics training is a plus. Detroit Lions cheerleaders are performers who dance using a variety of different dance styles.
- While a high school diploma or G. E. D. is a requirement, additional consideration will be given to professionals and/or students pursuing an advanced degree.
- Successful applicants will be motivated self-starters who have effective communication skills and are poised and well-spoken.
- You must be able to work with others in a team environment and demonstrate an ability to take direction and learn choreographed routines quickly.

What is the time commitment if I make the squad?

- Cheerleaders must commit to the job description requirements and essential job responsibilities.
- Detroit Lions cheerleaders are expected to attend scheduled workdays (approximately three hours, two to three evenings a week) and a full day on home game days (10 per year), including reporting to the stadium several hours before game time. Out of town travel to road games is not required, but may be requested for any post-season games.
- Pre-season training sessions, business seminars, photo shoots, etc. are also required and scheduled in advance.

- Each cheerleader should plan to be available for consideration to be booked on appearances throughout the year. Mandatory team appearances will be communicated in advance.
- You may not be employed or perform for any other professional or college dance or cheerleading team or be employed by an agency. Each Detroit Lions Cheerleader will be required to sign a confidentiality, likeness, and non-disparagement agreement and a non-compete agreement.
- We recommend candidates live within a reasonable driving distance of Detroit, Michigan such that you are able to attend practices and games on a timely basis.
- Although the job as a Detroit Lions Cheerleaders is an important commitment, most cheerleaders hold other part time or full-time jobs and/or attend college.

How am I compensated and are there outside expenses?

- Each cheerleader is paid hourly for all work performed: rehearsals, game days and appearances, in person and/or virtually.
- Officially branded uniforms are loaned to employees for the duration of employment. Proper care expectations are outlined in an agreement. Other essentials and rehearsal gear are provided.
- Detroit Lions Cheerleaders are expected to have dependable transportation and bear the expense of commuting to standard work locations. Mileage to community or charitable events is reimbursed at then-prevailing IRS rates.

Are auditions open to the public?

- No, auditions are closed to the public, family and friends.

How many audition rounds are there?

- There are 3 to 4 audition rounds. There are at least three dance / cheer performance only and one face-to-face interview session.
 - *Audition processes are subject to change based on league mandated field access limitations.*

What will the judges focus on and look for?

- Mastered level of dance technique and athleticism
- Showmanship, positive personality, enthusiasm, and elevated confidence
- Performance execution and the ability to handle pressure in a large-scale capacity
- Overall level of poise, maturity, professionalism
- Professional business skills including appearance, strong public speaking skills

How should I wear my make-up?

- Shades and style that compliment your natural beauty. Prepare to impress. Media will be present during the auditions. Therefore, we recommend candidates prepare to be 'camera' ready.

How should I wear my hair?

- In a current hairstyle that compliments your features and does not hide your face. Style to impress. Media will be present during the auditions. Therefore, we recommend candidates prepare to be 'camera' ready.

What should I wear for auditions?

- Dress to impress with class and sophistication. A fitted sports style performance top and dance shorts are preferred to elevate athletic ability and dance execution of movement. Footwear should be appropriate and specific to each dance style and must be worn for safety reasons.

May I tryout if I have a tattoo?

- **Yes. However, all** tattoos **must be covered** during all Detroit Lions Cheerleaders public activities. There are many products to help.

May I tryout if I have body piercings?

- Yes. However, body piercings, other than earrings, will need to be removed for all Detroit Lions Cheerleaders public activities.

If I do not advance to semi-finals will my application be kept on file?

- No. Annual re-application with an updated application, non-returnable photo, and application processing fee each year.

If I am not selected as a training camp candidate, may I call the Detroit Lions Cheerleaders office to receive my judges' comments?

- Due to the high volume of candidates, we regret that we are unable to provide extensive feedback over the phone. There will be audition clinics scheduled throughout the year prior to next year's audition and candidates are encouraged to attend.

Can I audition by submitting a video?

- Due to the large-scale nature of the job, video submissions are not accepted at this time.
- Candidates must perform in a LIVE audition setting and demonstrate a consistent ability to execute dance moves and handle the pressure of a large-scale capacity.
- Out of town candidates should email **entertainment@lions.nfl.net** for more information.
- *Audition processes are subject to change based on league mandated field access limitations.*